

A photograph of a person walking away from the camera on a paved path in a park. The path is lined with tall, leafy trees, and their shadows are cast onto the path. The person is wearing a dark jacket and light-colored pants. The background shows a grassy area and more trees.

# Human's Trails

**Kyösti Waris**

HUMAN'S TRAILS

*To Human – with Friendship*

*Author*

Kyösti Waris

# Human's Trails



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*"Gnōthi seauton" - Know Thyself*

A famous aphorism in ancient Greece

*Anyone Is Nothing*

An aphorism by farmer **Antti Rannanjärvi**  
Southern Ostrobothnia Finland, 19<sup>th</sup> century

*In human relationships, love and truth are im-  
portant. However, the truth is not always love,  
honesty towards oneself is.*

Autor

*I felt a breath of the eternal wind, the whisper:  
"Write now if you think you know something". –  
I did and came to know the weaknesses and limita-  
tions of mine: the neglect and violations of the hu-  
man's soul (the child).*

*When a human causes harm to others, he or she  
understands having done wrong and is sincerely  
sorry. He or she wants to repair the mistake and  
the damage as well as to behave better - like a hu-  
man. A fake human (imitator, robot) does not un-  
derstand that way. He or she will continue to de-  
stroy, furiously looking for his or her own benefit  
until forced to stop.*

*Author*



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## For the Reader

**I**wrote in this book some of my publications of the past few years. They were published on my website and some of them in a local city magazine. The dates of the writings refer mainly to the publications on the internet. The writings are arranged from the newest to the oldest one. I have made some changes to this edition.

In the writings I tell my opinion, not only on everyday topics, but also on philosophical questions relating to people, society and life. My idea has been to take advantage of my knowledge and skills, observations and life experiences that I have got over the years.

One of the remarkable experiences for me was to participate in a discussion concerning



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He has worked as a psychologist and Senior Adviser for the National Board of Labor Protection, Ministry of Social Affairs and Health and Ministry of Labor. In the administration his duties included, among others, strategic plans for promoting people's mental wellbeing in work places (mental labor protection).

