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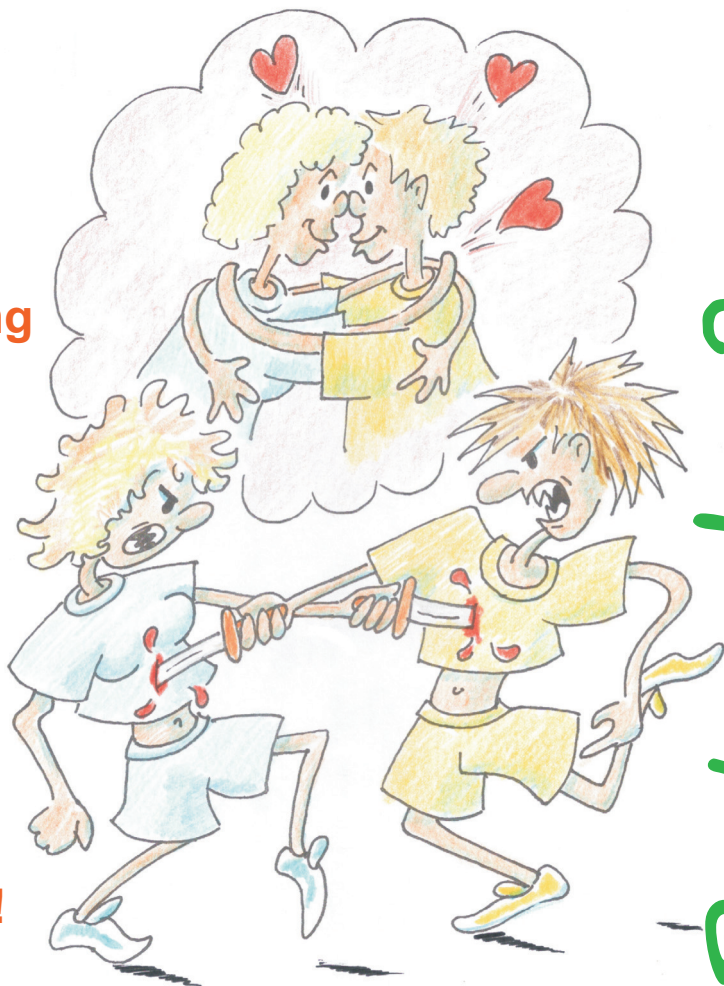
 ALKUAJATUS

Love:

Nearness and Broken Hearts?

Forget
everything
you've
learned
about
love!

Because
now
we're
talking
about
true love!



But why?

We dream like Romeo and Juliet,
but we fight like gladiators.

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Alkuajatus

Love: Nearness and Broken Hearts?

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Alkuajatus is an independent, original thought and an entirety of its own which is not based on any other thoughts. Do not mix different thoughts when you observe matters. Each thought is its own and observes matters from its own viewpoint. They are not the same thoughts, even if they might have similarities or they would consider the same matters.

When we speak of knowledge about our inner world, only the original knowledge has worth. Knowledge of the inner is found only by focusing on the own inner. A study done from the outside does not produce knowledge of the inner, it produces knowledge about the reactions and the behavior of the human. Such research does not have any direct connection to the inner of the human.

Knowledge that is collected on basis of what others have found in the inner is second hand knowledge, and the one telling about it does not have a direct connection to the knowledge. Without an own personal observation of the inner it is a product of thinking, a product of the imagination.

The truth is not a cocktail that can be collected here and there according to one's own mind and of seemingly compatible pieces, and it is not found by studying from the outside or created by thinking.

This work

This work doesn't tell you ready answers. This work helps you to find your own answers from within yourself.

Alkuajatus doesn't solve anyone's problem. Each person himself solves his own problem. Alkuajatus helps one to observe the own inner and to find the own answers.

Those answers can't be found by anyone else, and no outer answers are the correct answers. Only the answers that each person has within himself are the correct answers, with which the person reaches inner clarity.

Alkuajatus doesn't tell you how to live, how you should be or what is right or wrong for you. All these are matters that you have to answer to yourself.

Alkuajatus doesn't define right and wrong in any other way than that the right answer is your own answer, which comes from within you without the distorting influence of others.

The manifestation of love that is discussed in this book concerns the relationship between a man and a woman, but when we understand what love is, then we also understand that it functions the same way in all human relations.

Love is one thing, but it has many forms of manifestation.

Between the readings there are questions at which it is good to stop, since they strengthen the observation of the text in the book and improve the insights. Other questions might come up in the readers mind, and if so, then they are good questions for him.

Calm focus is the foundation in the understanding of life. That, and also what to observe, is observed in the beginning of the

book. These matters are of great importance when it comes to the understanding of this book as well as life.

It's good to focus on them with care, since it helps one to get more out of the things in this book and things in life in general. Without the understanding of them, it's more difficult to approach the understanding of life and also love.

If we don't learn to observe matters, then we can never approach them to truly understand them.

This book presents the matters without unnecessary verbosity, which means that every sentence is important. Don't be hasty and remember that the important isn't to go through great amounts of text, the important is a good understanding and the insights.

Passive reading doesn't help the reader to find what he is supposed to find. The purpose is not to gather more knowledge and mix it with other things or in thinking. The purpose is to find the wealth brought by insights from within oneself.

The seeking of insights is not a reading contest, or a beauty contest, with which we shine in the eyes of others or try to boost our self-esteem. The seeking of insights is calm and thorough focus, which is done in one's own pace, without haste.

The insights are what help us. Therefore it is good to primarily seek the new in new insights, not new knowledge. It doesn't matter if the knowledge in our mind is old or new, if it brings insights, then it is good knowledge.

<p><i>Without thorough focus this book works as well as uneaten food.</i></p>

Preparation

*Wisdom is not the amount of knowledge
it is the depth of understanding knowledge.*

What answers are we looking for?

Other people's opinions or ideas have no value when we are looking for our own answers. The own answers don't necessarily have to be completely different, but their origin has to be in the own self. Only then does each person himself understand the answers he is using and they are in relation to the own life, and seen from the own point of view.

They can differ a lot from the common opinion or the ideas of others, and there isn't any rule for what the own answers are allowed to be or what they should be.

There is one rule only, which is that they in fact have to be each one's own answers to himself. This requires honesty towards oneself. The better one is capable of being honest to himself, the more genuinely the answers are really his own.

Then the person himself answers to himself, and that is the way to own insights of the matter. Different outer answers and advice are easier to find, but only the own ones have a value.



1. Why is it important that one himself answers himself?

The outer answers don't have a direct relation to anyone's own genuine will. Therefore they are not own answers and the using of them would set aside or disregard the genuinely own answer, which is the prerequisite for a genuinely independent life. The more central answers are in question regarding one's own life, the more important it is to find the own answer.



2. How can an outer answer influence one's own answer?

How to observe?

When you work through this book, read calmly and observe the matters without mixing in your earlier ideas with the observation. That is the only way you are open for new observations.

If we hold on to earlier ideas, then we are in fact not observing the matter. Then we are observing the matter in such way that we limit the observation into our earlier ideas and observe the matter from within their viewpoint. That doesn't help us to see anything such that would open our eyes to see and understand life better than before.



3. Why can the earlier ideas limit our ability to make observations?

The person is not to seek for answers that he wishes to find, since it closes his eyes from seeing the answers that genuinely come into his mind.

Seeking for answers that one wishes to find is to seek for an answer that one would like to find, and therefore it makes one blind. Then the person is trying to find confirmation to his earlier ideas. Possibly the ideas that are, that were, or that will be the cause of the problems. At the same time he doesn't notice the answer he really would need and was looking for.

The matter is to be observed without any opinion of it and without seeking for a desired answer, but by being open to that which comes into mind.



4. Why is it important that we don't look for answers we would wish to find?



ALKUAJATUS

*We dream like
Romeo and Juliet,
but we fight
like gladiators.*

But why?

**Forget everything
you've learned
about love!
Because now
we're talking
about true love!**



Now we're looking into true love, that which is everyone's dream and found within everyone, but which very few have found even a part of.

True love is the topic, but the answer to the question is within the reader himself.

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