



*One Day
at the Time*

Juhana Day

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Kustantaja: BoD – Books on Demand, Helsinki, Suomi

Valmistaja: BoD – Books on Demand, Norderstedt, Saksa

ISBN: 978-951-568-178-2

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First Lessons

Beginning

Sun is shining, birds are singing.
I'm sorry, but not my beginning.
snow falling, wind blowing,
awakening into Tuesday morning.
Ten fingers, ten toes,
a million questions, like others, who knows.

First smile in embrace of love,
first chapter, in the part of the heart.
So small and soon ready to walk,
a way that's shown, but a path of its own.

Questions answered, left with one.
Is there a million more, or none.

Pieces

Enjoy life.

But first, there is more to it.

Little by little, and you'll get pieces to fit.

*Whenever it's warm you want something to chill,
when it's cold you want some heat, better not get ill.*

*Make a lot of friends and mostly find only enemies.
You'll see your path, often turning few times your back.*

Feel a little joy, to earn more sorrow.

Memories you know, they fill up that hollow.

*Getting up. After all,
you've now fallen many times before.*

*Feel a little blue,
suddenly someone smiles back to you :).*

*You really can't know that big piece, called Love.
Unless you break this small piece, your heart.*

Chained

Time goes by, without slowing or telling you why.

Thing, that's only chained by your mind.

Mind flows around, never silent or leaving you alone.

Thing, that's only chained by your heart.

Heart. Playground of our soul, judge for our feelings.

Endless space divided in two.

One not to keep and one for you.

Bears so much, even more than red and blue.

This thing is not, chained by you.

**A story following life's path of a man
and his changing perspective of life.**

**Through the storms of misfortune,
chronic pain, struggles of love, stuck in time.
Finding oneself in the dusts of the past.**

**New dawn, gifted with patience,
honor and the wisdom of life.**

**Our greatest moments,
moments that sculpt and define us.
The very essence of time.**



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